



Our spa welcomes you to a variety of personalized treatments and luxurious services using our 10 treatment rooms, herbal-infused steam rooms, and open-air relaxation area with a warming fire pit and refreshments.

Guests are encouraged to arrange appointments in advance. Bookings made the day of service and walk in appointments are welcome, based upon availability. While booking your treatment, please advise us if you are pregnant or have other health concerns.

Please arrive 30 minutes prior to the start of your scheduled appointment to allow yourself time to shower and use the chill lounge, steam room, and hotel pool/whirlpool.

## Massage Therapy

### L'auberge Signature Massage **50 minutes / \$190 | 80 minutes / \$260**

Our signature full-body massage is customized especially for your needs. Your therapist will address imbalances and induce deep relaxation. Swedish massage strokes are incorporated with the use of our customized local blend of nourishing oils.

### Firming Therapeutic Massage **50 minutes / \$200 | 80 minutes / \$270**

This firm pressure massage focuses on the deeper layers of muscle tissue. It is tailored to your body using sports therapy, deep tissue techniques, and slow strokes to relieve muscle soreness and release chronic tension, leaving you feeling balanced and relieved.

### Couples Massage *price per person* **50 minutes / \$200 | 80 minutes / \$270**

Enjoy a relaxing L'Auberge Signature Massage side-by-side in our spacious and private couple's suite.

### Maternity Massage **50 minutes / \$190 | 80 minutes / \$260**

This relaxing massage for the "mother-to-be" uses nourishing coconut oil, specialized pillows and/or positioning to help relieve tired, overworked and aching muscles. Our 80-minute service includes special attention to the feet to help reduce swelling and soreness.

# Body Treatment

## Coastal Sea Salt Glow 50 minutes / \$200

Purify and detox the body while your senses are whisked away to the coastline of Southern California. A full-body exfoliation using sea salt that has been extracted from our beautiful nutrient rich Pacific Ocean will rid your body of dull, dry skin, leaving it incredibly silky smooth.

## Ocean Detox Wrap 50 minutes / \$200

Naturally scented algae helps promote metabolism in the skin, supplies moisture, detoxes pores and firms skin all over. Your detox begins with a full-body dry brush exfoliation to remove dead skin cells and to stimulate the lymph system. Relax as you are wrapped up in this revitalizing algae and it transforms your skin.

## Summer Breeze 110 minutes / \$350

Experience the essence of summer, all year round. Your experience begins with a full-body exfoliation using a fragrant coconut sugar scrub to buff off dull and dry skin. Continue your journey with an 80-minute hot stone massage using hydrating coconut oils that will quickly have you melting off into a state of bliss. Your experience is completed with a mist of exotic herbal water, infused with tropical fruits.

# Skincare

## Customized Apothecary Facial 50 minutes / \$190 | 80 minutes / \$260

Enjoy our bespoke apothecary skincare treatment carefully crafted for your skin's specific needs. Our highly skilled estheticians will analyze your skin and custom design the facial best suited for your skin. You will emerge feeling clean, refreshed and hydrated.

## Anti-Aging Firming Facial 50 minutes / \$235 | 80 minutes / \$285

Our results-oriented, anti-aging firming facial exfoliates the skin while decongesting pores. Use of Vitamin C, glycolic and lactic acids will reduce wrinkles, stimulate collagen synthesis and replenish lipids ensuring a firm, youthful and radiant complexion. Our 80-minute facial includes our microcurrent facial facelift, perfect for an instant lift.

## The Express Facial 25 minutes / \$95

This time-friendly facial will give your face the pick-me-up it needs with a thorough cleanse, nourishing mask and moisturizer. This express service will leave you refreshed and hydrated.