

HANDS & FEET

Manicures and pedicures designed to care for hands and feet; replenishing nails, skin & cuticles. Your treatment will begin with an Aveda Sensory Journey when you will choose essential oil blend to be infused into your treatment

Signature Manicure \$60

Nail shaping, cuticle work, with hand and arm massage. Finished off with the polish of your choice.

Hand Relieving Manicure \$65

All the fundamental procedures enjoyed in our Signature Manicure with additional moisture masque, warm aroma wrap and hand renewal serum. Finished off with the polish of your choice.

Signature Pedicure \$80

Relax and enjoy a foot soak, cuticle work, massage, hot towel treatment. Finished off with the polish of your choice.

Foot Relieving Pedicure \$85

All the fundamental procedures enjoyed in our Signature Pedicure with additional Aqua Polish treatment and warm aroma wrap. Finished off with a polish of your choice.

Performance Recovery Foot Treatment \$75

Long day of adventuring have your feet tired and sore? Relax and enjoy a foot soak, massage, and hot towel treatment, featuring certified organic peppermint and blue chamomile oil to reduce tension and deliver cooling refreshment and relieve sore aching muscles.

HANDS & FEET ENHANCEMENTS

Deep hydration upgrade +\$5

Gel polish upgrade +\$25

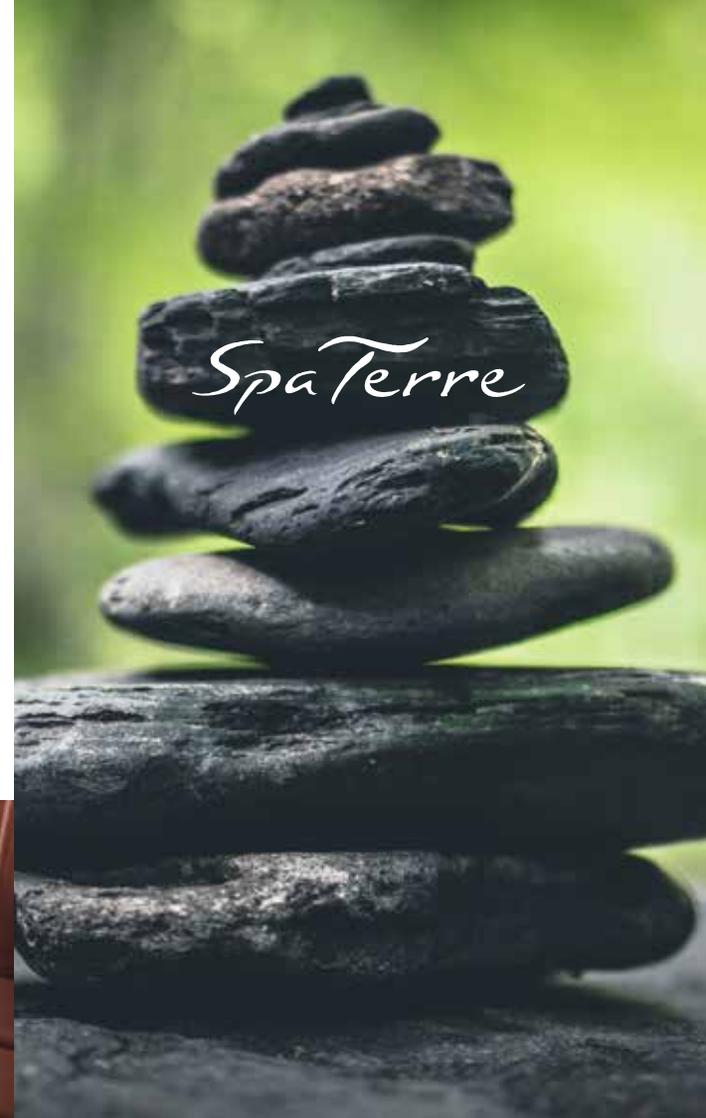
Cooling Muscle Sooth +\$5

CEDAR BARREL SAUNAS

All SpaTerre guests are invited to use our panoramic slopeside cedar barrel saunas, either pre- or post-treatment, to relax muscles and improve circulation after a day on the slopes, while soaking in those views of RED Mountain Resort.

FITNESS CENTRE

Be inspired to get your sweat on with panoramic views of RED Mountain Resort. At our fitness center, you'll find state-of-the-art cardio and strength-training equipment, changing room facilities, and complimentary towels and spring water. All SpaTerre guests are welcome to utilize these facilities either pre or post-treatment.



THE *JoSie*
A NOBLE HOUSE HOTEL

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FACE

Tulasāra Customized Facial 60min \$130

An in-depth consultation will uncover your desired results and personal preferences which your therapist will use to curate a unique treatment especial for you. Designed to move your skin 'Tulasāra™'~ 'towards balance', revealing its natural beauty.

Tulasāra Customized Facial 90min \$180

All the foundations of the 60-minute Customized Facial, elevated to a spa experience; including massage of the scalp, feet or neck and shoulders to enhance complete relaxation. Your 90 min facial extends to include the décolleté and additional attention given to your area of focus for amplified results.

Dual Exfoliation Peel Treatment 90 min \$190

Using innovative techniques, this treatment combines Aveda's naturally derived mechanical and biochemical exfoliation methods into one powerful service that transforms and rejuvenates the skin. The treatment delivers immediate, visible results in improved skin texture and radiance; smoothed appearance of fine lines; and refined pores, revealing fresher, younger-looking skin.



FACIAL ENHANCEMENTS

Restorative Eye Focus Upgrade +\$20

Botanical Skin Resurfacing Upgrade +\$30

Perfecting Plant Peel Upgrade +\$30

Enhance your facial by adding the Quartz Heated Sand Table +\$30

Therapeutic heated alpha-quartz sand bed is used to alleviate pain and promote comfort. The warm sand ergonomically positions you, offering relaxing effects benefiting muscle pain, stiff joints, and joint pain.

BODY

Self-renewal begins here. Let body tension and stresses of the day fade during your customized, scalp to sole body treatment.

Paradise Signature Massage 60 min - \$125 90 min - \$185

Stress, muscle tension and lack of energy can all be addressed with a customized massage treatment. After a thorough consultation and aroma Sensory Journey, your massage will professionally designed to address your individual needs and preferences.

Aveda Aroma Wrap 60min \$120

Pure comfort with body beautiful results. Choose from one of our four signature aroma blends and create a customized Aroma Wrap to suit yourself! After Ayurvedic body brushing and warm oil oilation, you will be comfortably wrapped in cotton sheets and blankets. Feel stress and tensions melt away as you enjoy tranquil body balancing, sea salt foot scrub, scalp and foot massage.

Aveda Chakra Balancing Massage 60min \$125

This treatment concentrates on balancing the Chakras using deeply replenishing massage techniques, specialized foot reflexology, aromatherapy and gentle energy work. Focusing on the Chakras can help you become more aware of different aspects of self. Mind and body feel revived, relaxed and rebalanced in just one hour.

Hot Stone Massage 90 min - \$185

Begin your hot stone experience with a Sensory Journey and select a favorite botanical aroma blend, from uplifting to de-stressing. Warm stones help to soothe sore, tired muscles.

BODY ENHANCEMENTS

Deep Hydration Upgrade +\$10

Cooling Muscle Sooth +\$10

20 min Dry Brushing +\$35

Quartz Heated Sand Table +\$30

Therapeutic heated alpha-quartz sand bed is used to alleviate pain and promote comfort. The warm sand ergonomically positions you, offering relaxing effects benefiting muscle pain, stiff joints, and joint pain.

Couple's Treatments

All massage, body and beauty treatments may be turned into a couple's treatment upon request and availability.

